

Daily Life - Cheer Up (C0135)

A: Ok... I'll talk to you later. Bye

B: Carrie, are you ok? You seem a bit down.

A: I just got off the phone with my boyfriend. He is always getting upset and losing his temper over nothing. It's so hard to talk to him at times.

B: Maybe it's just that he is stressed out from work or something. He does have a pretty nerve wracking job you know.

A: Yeah but, he is always in a really foul mood. I try to find out what's bothering him or get him to talk about his day but, he always shuts down and brushes me off.

B: Men are like that you know. They can feel nervous, anxious or on edge and the only way they can express it is by trying to hide it through aggressiveness.

A: I guess you are right. What do you think I should do? He wasn't always this grouchy you know...

B: Talk to him, try to cheer him up when he is down and if that doesn't work, I say get rid of him and get a new one!

A: You are something else you know that?

Key Vocabulary

down	<i>Adjective</i>	sad or unhappy
stress out	<i>principle verb, past simple</i>	to feel very worried or anxious
nerve wracking	<i>Adjective</i>	causing a person to feel very nervous

brush me off *principle*
verb,
present
simple refuse to talk about
something with some-
one

cheer up *principle*
verb, infinitive to make (someone) hap-
pier

Supplementary Vocabulary

down in the *phrase*
dumps feeling sad, not happy

have the *phrase*
blues having sad feelings or
emotions

rattled *principle*
verb, past
simple to fluster, unnerve

grinds my *phrase*
gears makes me angry, upsets
me

pissed off *phrase* upset, very angry